Fannett-Metal School District – Middle High School March 2023

Lunch Menu

Fannett-Metal is an equal opportunity provider.



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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  | March 1  Popcorn Chicken  Roll  Or  Pizza Bagel  Baby Carrots  Fruit  Milk | March 2  General Tso’s Chicken  Roll  Or  Ham & Cheese Flatbread  Broccoli  Fruit / Milk | March 3  Pepperoni Pizza  Or  Fish Sticks / Roll  Baked Beans  Fruit  Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | March 6  Spicy Chicken Patty  Or  Meatball Sub  Scalloped Potatoes  Fruit  Milk | March 7  Cheeseburger Bowl  Roll  Or  Ham & Cheese  Bagel  Peas  Fruit / Milk | March 8  Chicken Tenders  Roll  Or  Egg & Sausage  Sandwich  Cheesy Broccoli  Fruit / Milk | March 9  Grilled Chicken  Sandwich  Or  Turkey Club Wrap  Baby Carrots  Fruit / Milk | March 10  Pepperoni Pizza  Or  Fish Sandwich  Peas  Fruit  Milk | High School  Lunch**- FREE**  **EXTRA**  Milk - $0.50  Snacks -$0.75 |
|  | March 13  Nacho Grande  Or  Pulled Pork  Sandwich  Broccoli  Fruit  Milk | March 14  Pancakes & Sausage  Or  Turkey & Cheese Hoagie  Hash Brown  Fruit  Milk | March 15  Cheeseburger  Or  BBQ Rib Sandwich  Baked Beans  Fruit  Milk | March 16  Buffalo Chicken  on Flatbread  Or  Hot Dog  Peas  Fruit  Milk | March 17  Chicken Patty  Or  Fish Sticks / Roll  Baby Carrots  Fruit  Milk |  |
|  | March 20  Chicken Tender  Wrap  Or  Turkey & Cheese  Pretzel Roll  Tossed Salad  Fruit / Milk | March 21  Tomato Soup  Grilled Cheese Sandwich  Or  Meatball Sub  Peas  Fruit  Milk | March 22  Cheese Steak Pierogies  Or  Calzone  Green Beans  Fruit  Milk | March 23  Walking Taco  Or  Spicy Chicken Patty  Baby Carrots  Fruit  Milk | March 24  Pepperoni Pizza  Or  Fish Sandwich  Broccoli  Fruit  Milk | **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry |
| ***No breakfast on two-hour delays*** | March 27  Cheeseburger  Or  Pizza Bagel  Baby Carrots  Fruit  Milk | March 28  Chicken Alfredo  Bread Stick  Or  Turkey & Cheese  Flatbread  Peas  Fruit / Milk | March 29  Mac & Cheese  Roll  Or  Calzone  Tossed Saad  Fruit  Milk | March 30  Soft Shell Taco  Roll  Or  BBQ Rib Sandwich  Broccoli  Fruit  Milk | March 31  Pepperoni Pizza  Or  Fish Sticks  Roll  Green Beans  Fruit  Milk |  |

*Menu Subject to Change*