Fannett-Metal School District – High School - Middle School October 2022

Breakfast Menu

Fannett-Metal is an equal opportunity provider



|  |  |  |  |  |  |  |
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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | October 3  French Toast Sticks  Juice  Milk | October 4  Breakfast Sandwich  Juice  Milk | October 5  Waffles & Sausage  Juice  Milk | October 6  Breakfast Pizza  Juice  Milk | October 7  Cinnamon Roll  Juice  Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | October 10  No School | October 11  Breakfast Sandwich  Juice  Milk | October 12  Waffles & Sausage  Juice  Milk | October 13  Breakfast Pizza  Juice  Milk | October 14  Cinnamon Roll  Juice  Milk |  |
|  | October 17  French Toast Sticks  Juice  Milk | October 18  Breakfast Sandwich  Juice  Milk | October 19  Waffles & Sausage  Juice  Milk | October 20  Breakfast Pizza  Juice  Milk | October 21  Cinnamon Roll  Juice  Milk |  |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry | October 24  French Toast Sticks  Juice  Milk | October 25  Breakfast Sandwich  Juice  Milk | October 26  Waffles & Sausage  Juice  Milk | October 27  Breakfast Pizza  Juice  Milk | October 28  Cinnamon Roll  Juice  Milk | High/Middle School  Breakfast - **FREE**  Milk - .50 |
| ***No breakfast on two-hour delays*** | October 31  French Toast Sticks  Juice  Milk | November 1  Breakfast Sandwich  Juice  Milk | November 2  Waffles & Sausage  Juice  Milk | November 3  Breakfast Pizza  Juice  Milk | November 4  Cinnamon Roll  Juice  Milk |  |

*Menu Subject to Change*