Fannett-Metal School District – High School - Middle School September 2022

Breakfast Menu

Fannett-Metal is an equal opportunity provider



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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | August 29 | August 30 | August 31 | September 1  Breakfast Pizza  Juice  Milk | September 2  Cereal  Muffin  Juice  Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | September 5  French Toast Sticks  Juice  Milk | September 6  Cereal  Muffin  Juice  Milk | September 7  Waffles & Sausage  Juice  Milk | September 8  Breakfast Pizza  Juice  Milk | September 9  Cereal  Muffin  Juice  Milk |  |
|  | September 12  French Toast Sticks  Juice  Milk | September 13  Cereal  Muffin  Juice  Milk | September 14  Waffles & Sausage  Juice  Milk | September 15  Breakfast Pizza  Juice  Milk | September 16  Cereal  Muffin  Juice  Milk |  |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry | September 19  French Toast Sticks  Juice  Milk | September 20  Cereal  Muffin  Juice  Milk | September 21  Waffles & Sausage  Juice  Milk | September 22  Breakfast Pizza  Juice  Milk | September 23  Cereal  Muffin  Juice  Milk | High/Middle School  Breakfast - **FREE**  Milk - .50 |
| ***No breakfast on two-hour delays*** | September 26  French Toast Sticks  Juice  Milk | September 27  Cereal  Muffin  Juice  Milk | September 28  Waffles & Sausage  Juice  Milk | September 29  Breakfast Pizza  Juice  Milk | September 30  Cereal  Muffin  Fruit  Milk |  |

*Menu Subject to Change*