Fannett-Metal School District – Elementary January 2022

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Fannett-Metal is an equal opportunity provider

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | January 3  Chicken Tenders  Roll  Or  Fish Nuggets / Roll  Baked Beans  Fruit  Milk | January 4  Chicken Patty  Or  Ham & Cheese Wrap  Peas  Fruit  Milk | January 5  Spaghetti & Meatballs  Roll  Or  Chicken Cheese Steak  Baby Carrots  Fruit / Milk | January 6  Chicken Alfredo  Roll  Or  Calzone  Broccoli  Fruit  Milk | January 7  Pepperoni Pizza  Or  Turkey & Cheese  Hoagie  Grape Tomatoes  Fruit / Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | January 10  Tomato Soup  Grilled Cheese Sandwich  Or  Shrimp Poppers / Roll  Baby Carrots  Fruit  Milk | January 11  Walking Taco  Or  Fish Nuggets  Roll  Refried Beans  Fruit  Milk | January 12  Mac & Cheese  Roll  Or  Cheese Steak  Grape Tomatoes  Fruit  Milk | January 13  Cheeseburger  Or  Chef Salad / Roll  Peas  Fruit  Milk | January 14  No School | Elementary Lunch-  Free  Milk - .50 – without buying a school lunch |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry | January 17  No School | January 18  Cheeseburger  or  Fish Sandwich  Baked Beans  Fruit  Milk | January 19  Chicken Patty  Or  Chicken Cheese Steak  Tossed Salad  Fruit  Milk | January 20  Soft Shell Taco  Or  Meatball Sub  Grape Tomatoes  Fruit  Milk | January 21  Pizza  Or  Fish Nuggets / Roll  Baby Carrots  Fruit  Milk |  |
| **No breakfast on two hour delays** | January 24  Lasagna  Roll  Or  Cheese Steak  Tossed Salad  Fruit  Milk | January 25  Salisbury Steak / Roll  Or  BBQ Rib Sandwich  Peas  Fruit  Milk | January 26  Cheeseburger Sub  Or  Grilled Cheese Sandwich  Baby Carrots  Fruit  Milk | January 27  Chicken Patty  Or  Turkey & Cheese  Hoagie  Tossed Salad  Fruit / Milk | January 28  Pizza  Or  Calzone  Grape Tomatoes  Fruit  Milk |  |
|  | January 31  Chicken Nuggets  Roll  Or  BBQ Rib Sandwich  Baked Beans  Fruit  Milk | February 1  Mashed Potato Bowl  Roll  Or  Ham & Cheese Wrap  Corn  Fruit  Milk | February 2  Spaghetti & Meatballs  Roll  Or  Chicken Cheese Steak  Baby Carrots  Fruit / Milk | February 3  Chicken Alfredo  Roll  Or  Meatball Sub  Broccoli  Fruit  Milk | February 4  French Bread Pizza  Or  Chef Salad  Peas  Fruit  Milk |  |

**Menu Subject to Change**