Fannett-Metal School District – Middle – High School November 2021

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Fannett-Metal is an equal opportunity provider

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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **November** | November 1  Chicken Tenders  W/ Roll  Or  Pulled Pork Sandwich  Corn  Fruit / Milk | November 2  Mashed Potato Bowl  Roll  Or  Ham & Cheese  Hoagie  Peas  Fruit / Milk | November 3  Cheeseburger  Or  Hot Dog  Baked Beans  Fruit  Milk | November 4  General Tso Chicken  Roll  Or  Grilled Ham Cheese Sandwich  Broccoli  Fruit / Milk | November 5  Spicy Chicken Patty  Or  Stuffed Shells Roll  Tossed Salad  Fruit  Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | November 8  Hamburger Steak  Brown Gravy / Roll  Or  Chicken Patty  Mashed Potatoes  Fruit / Milk | November 9  Walking Taco  Or  Calzone  Refried Beans  Fruit  Milk | November 10  Cheeseburger Mac  Roll  Or  Cheese Steak  Broccoli  Fruit / Milk | November 11 | November 12  Cheese Pizza  Or  Turkey & Cheese  Flatbread  Corn  Fruit / Milk |  |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | November 15  Pepperoni Grilled Cheese  Or  Lasagna Roll  Peas  Fruit / Milk | November 16  Roast Turkey  Gravy / Roll  Or  Grilled Ham & Cheese  Mashed Potatoes  Fruit / Milk | November 17  Shrimp Poppers Roll  OR  Chicken Fajita  Cheesy Broccoli  Fruit  Milk | November 18  Baked Spaghetti  Roll  Or  Chicken Cheese Steak  Baby Carrots  Fruit / Milk | November 19  Pepperoni Pizza  Or  Buffalo Chicken Wrap  Grape Tomatoes  Fruit  Milk |  |
| **No breakfast on two hour delays** | November 22  Tomato Soup  Grilled Cheese  Or  Grilled Chicken Salad  Corn  Fruit / Milk | November 23  Walking Taco  Or  Turkey Club Wrap  Refried Beans  Fruit  Milk | November 24  Spicy Chicken Patty  Or  Nacho Grande  Grape Tomatoes  Fruit  Milk | November 25 | November 26 | High School Lunch-  Free  Milk - .50 – without buying a school lunch |
|  | November 29  **No School** | November 30  Cheeseburger Sliders  Or  Hot Dog  Baked Beans  Fruit  Milk | December 1  Pulled Pork Fries  Or  Ham & Cheese  Hoagie  Peas  Fruit / Milk | December 2  Chicken Alfredo  Roll  Or  Calzone  Carrots  Fruit / Milk | December 3  Chef Salad  Roll  Or  Soft Shell Taco  Green Beans  Fruit  Milk | **Menu subject to change** |