Fannett-Metal School District – Elementary October 2021

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Fannett-Metal is an equal opportunity provider

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **October** |  |  |  |  | October 1  Cheese Pizza  Or  Cheese Steak  Peas  Fruit  Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | October 4  Chicken Tenders  W/ Roll  Or  Grilled Cheese Sandwich  Peas  Fruit  Milk | October 5  Walking Taco  Or  Calzone  Refried Beans  Fruit  Milk | October 6  Mac & Cheese  Bread Stick  Or  Chef Salad  Bread Stick  Broccoli  Fruit / Milk | October 7  Meatballs with Noodles  And Gravy / Roll  Or  Ham & Cheese Wrap  Peas  Fruit  Milk | October 8  Pizza Bagel  Or  Chicken Cheese Steak  Baby Carrots  Fruit  Milk |  |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | October 11  No School | October 12  Chicken Patty  Or  Cheese Steak  Broccoli  Fruit  Milk | October 13  Chicken Alfredo  Roll  Or  Calzone  Carrots  Fruit  Milk | October 14  Soft Shell Taco  Or  Turkey & Cheese  Wrap  Grape Tomatoes  Fruit  Milk | October 15  Pizza  Or  Fish Nuggets  Roll  Corn  Fruit  Milk |  |
| **No breakfast on two hour delays** | October 18  Salisbury Steak  Roll  Or  Ham & Cheese Hoagie  Mashed Potatoes  Fruit  Milk | October 19  Shrimp Poppers  Roll  Or  Pancake on a Stick  Baby Carrots  Fruit  Milk | October 20  Chicken Nuggets  Roll  Or  Sloppy Joe  Emoji Fries  Fruit  Milk | October 21  Spaghetti & Meatballs  Bread Stick  Or  Fish Sandwich  Peas  Fruit  Milk | October 22  French Bread  Pizza  Or  Meatball Sub  Broccoli  Fruit  Milk | Elementary Lunch-  Free  Milk - .50 – without buying a school lunch |
|  | October 25  Cheeseburger  Or  Fish Sandwich  Corn  Fruit  Milk | October 26  Lasagna  Roll  Or  Grilled Cheese Sandwich  Carrots  Fruit  Milk | October 27  Soft Shell Taco  Or  BBQ Rib Sandwich  Broccoli  Fruit  Milk | October 28  Chicken Patty  Or  Chef Salad  Roll  Smiley Fries  Fruit  Milk | October 29  No School | **Menu subject to change** |