Fannett-Metal School District – Middle – High School November 2020

**USDA Nondiscrimination Statement and Complaint Procedure**

The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint\_filing\_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov) .

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish



Fannett-Metal is an equal opportunity provider

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | November 2  French Toast  Sticks  Muffin  Juice  Milk | November 3  Sausage  Egg & Cheese  Bagel  Juice  Milk | November 4  Cereal Variety  Muffin  Juice  Milk | November 5  French Toast Sticks  Cereal  Muffin  Juice  Milk | November 6  Cereal Variety  Muffin  Juice  Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | November 9  French Toast  Sticks  Muffin  Juice  Milk | November 10  Sausage  Egg & Cheese  Bagel  Juice  Milk | November 11  No School | November 12  Breakfast Pizza  Juice  Milk | November 13  Cereal Variety  Muffin  Juice  Milk | **Menu subject to change** |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | November 16    French Toast  Sticks  Muffin  Juice  Milk | November 17  Sausage Egg  & Cheese  Bagel  Juice  Milk | November 18  Cereal Variety  Muffin  Juice  Milk | November 19  Breakfast Pizza  Juice  Milk | November 20  Cereal Variety  Muffin  Juice  Milk |  |
|  | November 23  French Toast  Sticks  Cereal  Muffin  Juice  Milk | November 24  Sausage  Egg & Cheese  Bagel  Juice  Milk | November 25  Cereal Variety  Muffin  Juice  Milk | November 26 | November 27  No School | **High School Breakfast**  **$ 1.55**  **Milk - .50**  **Reduced - .40** |
| **No breakfast on two hour delays** | November 30  No School | December 1  No School | December 2  Cereal Variety  Muffin  Juice  Milk | December 3  Breakfast Pizza  Juice  Milk | December 4  Cereal Variety  Muffin  Juice  Milk |  |