Fannett-Metal School District – Middle – High School October 2020

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Fannett-Metal is an equal opportunity provider

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | October 1  Choice 1  Lasagna  Roll  Choice 2  PB & J Sandwich  Baby Carrots  Fruit / Milk | October 2  Choice 1  Pepperoni Pizza  Choice 2  Hamburger  Broccoli  Fruit  Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
| **Menu subject to change** | October 5  Choice 1  Chicken Tenders / Roll  Choice 2  Cheese Steak  Peas  Fruit  Milk | October 6  Choice 1  Spicy Chicken Patty  Choice 2  Pulled Pork Sandwich  Green Beans  Fruit  Milk | October 7  Choice 1  Bacon & Ranch Chicken  On Pretzel Roll  Choice 2  Turkey Club Wrap  Corn  Fruit / Milk | October 8  Choice 1  Chef Salad  Roll  Choice 2  Chicken Fajita  Steamed Carrots  Fruit / Milk | October 9  Choice 1  Popcorn Chicken / Roll  Choice 2  Cheeseburger  Tossed Salad  Fruit  Milk |  |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry | October 12  No School | October 13  Choice 1  Baked Spaghetti / Roll  Choice 2  Fish Nuggets / Roll  Steamed Carrots  Fruit / Milk | October 14  Choice 1  Grilled Chicken Salad  Choice 2  Ham & Cheese on  Pretzel Roll  Corn  Fruit / Milk | October 15  Choice 1  General Tso Chicken  Rice / Roll  Choice 2  Hot Dog  Tossed Salad  Fruit / Milk | October 16  Choice 1  Pepperoni Pizza  Choice 2  Buffalo Chicken Wrap  Scalloped Potatoes  Fruit  Milk | **3rd Choice Everyday**  **Peanut Butter**  **And Jelly**  **Sandwich** |
|  | October 19  Choice 1  Mashed Potato Bowl  Roll  Choice 2  Cheese Steak  Broccoli  Fruit / Milk | October 20  Choice 1  Chicken Alfredo  Bread Stick  Choice 2  Turkey & Cheese Flatbread  Peas  Fruit  Milk  Fruit / Milk | October 21  Choice 1  Shrimp Poppers  Roll  Choice 2  Meatball Sub  Peas  Fruit / Milk | October 22  Choice 1  Roast Turkey & Gravy  Roll  Choice 2  Calzone  Mashed Potatoes  Fruit / Milk | October 23  Choice 1  BBQ Rib Sandwich  Choice 2  Rotisserie Chicken Wrap  Baked Beans  Fruit  Milk | High School Lunch-  $ 2.90  Milk - .50  Reduced - .40 |
| **No breakfast on two hour delays** | October 26  Choice 1  Hot Chicken Sandwich  W/ Gravy  Choice 2  BBQ Rib Sandwich  Baby Carrots  Fruit / Milk  Milk | October 27  Choice 1  Pulled Pork Sandwich  Choice 2  Ham & Cheese Flatbread  Peas  Fruit / Milk | October 28  Choice 1  Taco Salad  Choice 2  Hamburger  Refried Beans  Fruit  Milk | October 29  Choice 1  Cheese Steak  Roll  Choice 2  Buffalo Chicken Wrap  Tossed Salad  Fruit / Milk | October 30  No School |  |