Fannett-Metal School District – Middle – High School October 2020

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Fannett-Metal is an equal opportunity provider

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | October 1  French Toast Sticks  Cereal  Muffin  Juice  Milk | October 2  Cocoa Puffs  Cereal  Muffin  Juice  Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | October 5  French Toast  Sticks  Muffin  Juice  Milk | October 6  Sausage  Egg & Cheese  Bagel  Juice  Milk | October 7  Cereal Variety  Muffin  Juice  Milk | October 8  Breakfast Pizza  Juice  Milk | October 9  Cereal Variety  Muffin  Juice  Milk | **Menu subject to change** |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | October 12    **No School** | October 13  Sausage Egg  & Cheese  Bagel  Juice  Milk | October 14  Cereal Variety  Muffin  Juice  Milk | October 15  Breakfast Pizza  Juice  Milk | October 16  Cereal Variety  Muffin  Juice  Milk |  |
|  | October 19  French Toast  Sticks  Cereal  Muffin  Juice  Milk | October 20  Sausage  Egg & Cheese  Bagel  Juice  Milk | October 21  Cereal Variety  Muffin  Juice  Milk | October 22  Breakfast Pizza  Juice  Milk | October 23  Cereal Variety  Muffin  Juice  Milk | **High School Breakfast**  **$ 1.55**  **Milk - .50**  **Reduced - .40** |
| **No breakfast on two hour delays** | October 26  French Toast  Sticks  Cereal  Muffin  Juice  Milk | October 27  Sausage  Egg & Cheese  Bagel  Juice  Milk | October 28  Cereal Variety  Muffin  Juice  Milk | October 29  Breakfast Pizza  Juice  Milk | October 30    **No School** |  |