Fannett-Metal School District - Elementary School October 2020

Lunch Menu

Fannett-Metal is an equal opportunity provider



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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | October 1  Lasagna  Bread Stick  Or  Calzone  Tossed Salad  Fruit  Milk | October 2  Cheeseburger  Or  Ham & Cheese Sandwich  Grape Tomatoes  Fruit  Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | October 5  Grilled Chicken Salad  Roll  Or  Turkey Wrap W / Bacon & Cheese  Corn  Fruit / Milk | October 6  Chicken Patty  Or  Calzone  Green Beans  Fruit  Milk | October 7  Salisbury Steak &  Mashed Potatoes  Or  Chicken Cheese Steak  Steamed Carrots  Fruit  Milk | October 8  Spaghetti & Meatballs  Breadstick  Or  Grilled Chicken Breast  Sandwich  Peas  Fruit / Milk | October 9  Pepperoni Pizza  Or  Grilled Cheese  Sandwich  Broccoli  Fruit  Milk |  |
|  | October 12  No School | October 13  Chicken & Waffles  With Gravy  Or  Fish Nuggets  Roll  Corn  Fruit / Milk | October 14  Chicken Nuggets  Roll  Or  Meatball Sub  Scalloped Potatoes  Fruit  Milk | October 15  Shrimp Poppers  Roll  Or  Turkey & Cheese Wrap  Steamed Carrots  Fruit  Milk | October 16  Chicken Patty  Or  Mini Pancakes  Sausage Patty  Broccoli  Fruit  Milk | *Menu Subject to Change* |
|  | October 19  Stuffed Shells  Roll  Or  Cheese Steak  Broccoli  Fruit  Milk | October 20  Popcorn Chicken  Roll  Or  Corn Dog  Peas  Fruit  Milk | October 21  Chef Salad  Roll  Or  Ham & Cheese  On Flatbread  Baked Beans  Milk | October 22  Roast Turkey & Gravy  Roll  Or  Calzone  Mashed Potatoes  Fruit  Milk | October 23  Cheese Pizza  Or  Fish Sandwich  Tossed Salad  Fruit  Milk | Elementary  Lunch- $2.75  Milk - .50  Reduced - .40 |
| ***No breakfast on two hour delays*** | October 26  Chicken Sticks  Roll  Or  Meatball Sub  Cheesy Broccoli  Fruit  Milk | October 27  Chicken Alfredo  Breadstick  Or  Hot Dog  Steamed Carrots  Fruit  Milk | October 28  Taco Salad  Or  Ham & Cheese Wrap  Refried Beans  Fruit  Milk | October 29  Lasagna  Bread Stick  Or  Chicken Patty  Tossed Salad  Fruit  Milk | October 30  No School |  |