Fannett-Metal School District - High School / Middle School March 2020

Fannett-Metal is an equal opportunity provider



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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | March 2  Chicken Patty  Or  BBQ Rib Sandwich  Cheesy Broccoli  Tossed Salad  Choice of Fruit / Milk | March 3  Orange Chicken  W / Roll  Or  Calzone  Rice / Oriental Vegs  Baby Carrots  Choice of Fruit / Milk | March 4  Shrimp Poppers  W / Roll  Or  Buffalo Chicken Wrap  Baked Beans  Grape Tomatoes  Choice of Fruit / Milk | March 5  Stuffed Shells  Breadstick  Or  Turkey & Cheese Flatbread  Peppers /Tossed Salad  Choice of Fruit / Milk | March 6  Cheese Pizza  Or  Fish Nuggets  W / Roll  Peas  Baby Carrots  Choice of Fruit / Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | March 9  Baked Spaghetti  Breadstick  Or  Hot Dog  Tossed Salad  Peas  Choice of Fruit / Milk | March 10  Chicken Alfredo  W / Roll  Or  Hot Sausage Sandwich  Baby Carrots  Broccoli  Choice of Fruit / Milk | March 11  Popcorn Chicken  Roll  Or  Meatball Sub  Cucumbers W / Dip  Corn  Choice of Fruit / Milk | March 12  Walking Taco  Or  Fish Sandwich  Refried Beans  Grape Tomatoes  Choice of Fruit / Milk | March 13  Soft Shell Tacos  Or  Ham & Cheese Hoagie  Tossed Salad  Baby Carrots  Choice of Fruit / Milk | **Daily Entrée options include:**  **Chef Or Taco Salad with whole grain roll Or Whole grain P B & J sandwich**  **Fruit, Vegetable & Milk are included** |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla and fat free strawberry | March 16  **No School** | March 17  Macaroni & Cheese  W / Roll  Or  Chicken Cheese Steak  Sandwich  Peas / Tomatoes  Choice of Fruit / Milk | March 18  Mashed Potato Bowl  W / Roll  Or  Hamburger  Carrots  Red Peppers  Choice of Fruit / Milk | March 19  Nachos Grande  W / Roll  Or  Pulled Pork Sandwich  Baked Beans  Baby Carrots  Choice of Fruit / Milk | March 20  Cheese Pizza  Or  Cheeseburger  Broccoli  Tossed Salad  Choice of Fruit / Milk |  |
|  | March 23  Salisbury Steak  Roll  Or  Turkey & Cheese Hoagie  Mashed Potatoes  Steamed Carrots  Choice of Fruit / Milk | March 24  Chicken & Waffles  W/ Gravy  Or  Pepper Steak Sandwich  Grape Tomatoes  Peas  Choice of Fruit / Milk | March 25  Chicken Drum Stick  Or  Bacon  Cheeseburger  Baked Beans  Tatar Tots  Choice of Fruit / Milk | March 26  General Tso’s Chicken  w/ W/G roll  Or  Turkey & Cheese Flatbread  Oriental Vegs/ Rice  Baby Carrots  Choice of Fruit / Milk | March 27  Pepperoni Pizza  Or  Chicken Fajita  Cheesy Broccoli  Tossed Salad  Choice of Fruit / Milk | Middle/HS Lunch-  $ 2.80  Milk - .50  Reduced - .40 |
| ***No breakfast on two hour delays*** | March 30  Chicken Patty  Or  BBQ Rib Sandwich  Cheesy Broccoli  Tossed Salad  Choice of Fruit / Milk | March 31  Buffalo Chicken Pizza  Cheese Pizza  Or  Turkey Club Wrap  Red Peppers  Corn  Choice of Fruit / Milk | April 1  Shrimp Poppers  W / Roll  Or  Calzone  Baked Beans  Grape Tomatoes  Choice of Fruit / Milk | April 2  Stuffed Shells  Breadstick  Or  Buffalo Chicken Wrap  Green Beans  Tossed Salad  Choice of Fruit / Milk | April 3  Pulled Pork Fries  Or  Fish Nuggets  W / Roll  Baby Carrots  Peas  Choice of Fruit / Milk |  |

*Menu Subject to Change*