Fannett-Metal School District - Elementary School January 2020

Fannett-Metal is an equal opportunity provider



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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  | January 1 | January 2  Chicken Patty  Or  Cheeseburger  Baked Beans  Grape Tomatoes  Choice of Fruit / Milk | January 3  Cheese Pizza  Or  Meatball Sub  Peas  Tossed Salad  Choice of Fruit / Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | January 6  Popcorn Chicken  W / Roll  Or  Chef Salad W / Roll  Cheesy Broccoli  Red Peppers  Choice of Fruit / Milk | January 7  Mashed Potato Bowl  Roll  Or  Hot Dog  Baby Carrots  Peas  Choice of Fruit / Milk | January 8  Chicken Noodle Soup  Grilled Ham & Cheese  Or  Hamburger  Baked Beans  Tossed Salad  Choice of Fruit / Milk | January 9  Macaroni & Cheese  Or  Shrimp Poppers  W / Roll  Celery W / Dip  Steamed Carrots  Choice of Fruit / Milk | January 10  Pepperoni Pizza  Or  Fish Nuggets / Roll  Corn  Cucumbers W / Dip  Choice of Fruit / Milk |  |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | January 13  Chicken Drum Sticks  W / Roll  Or  Calzone  Smiley Fries  Celery W / Dip  Choice of Fruit / Milk | January 14  Tomato Soup  Grilled Cheese Sandwich  Or  BBQ Rib Sandwich  Cheesy Broccoli  Baby Carrots  Choice of Fruit / Milk | January 15  Lasagna  Breadstick  Or  Grilled Chicken Sandwich  Tossed Salad/Tomatoes  Choice of Fruit / Milk | January 16  Chicken Taco  Or  Turkey & Cheese  Pretzel Roll  Refried Beans  Cucumbers  Choice of Fruit / Milk | January 17  No School | Pre-K Alternative –  January 7th - Chicken Nuggets W/ Goldfish Crackers |
|  | January 20  No School | January 21  Stuffed Shells  Breadstick  Or  Chicken Cheese Steak  Tossed Salad  Broccoli  Choice of Fruit / Milk | January 22  Walking Taco  Or  Fish Sandwich  Refried Beans  Grape Tomatoes  Choice of Fruit / Milk | January 23  Chicken Nuggets  W / Roll  Or  Cheeseburger  Corn  Red Peppers  Choice of Fruit / Milk | January 24  French Bread Pizza  Or  BBQ Rib Sandwich  Peas  Baby Carrots  Choice of Fruit / Milk | Elementary Lunch-  $ 2.65  Milk - .50  Reduced - .40 |
| ***No breakfast on two hour delays*** | January 27  Spaghetti & Meatballs  Breadstick  Or  Hamburger  Tossed Salad  Baby Carrots  Choice of Fruit / Milk | January 28  Chicken and Waffles  W / Gravy  Or  Chef Salad W / Roll  Broccoli  Grape Tomatoes  Choice of Fruit / Milk | January 29  Shrimp Poppers  W / Roll  Or  Meatball Sub  Steamed Carrots  Cucumbers W / Dip  Choice of Fruit / Milk | January 30  Chicken Patty  Or  Cheeseburger  Baked Beans  Celery W / Dip  Choice of Fruit / Milk | January 31  Pepperoni Pizza  Or  Calzone  Peas  Baby Carrots  Choice of Fruit / Milk | ***Menu subject to change*** |