Fannett-Metal School District - High School / Middle School April 2019

Fannett-Metal is an equal opportunity provider



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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | April 1  Tomato soup  Grilled Cheese Sandwich  Or  Rotisserie Chicken Wrap  Steamed Carrots  Tossed Salad  Choice of Fruit / Milk | April 2  Mashed Potato Bowl  W/ Roll  Or  Cheeseburger  Red Peppers W/ Dip  Broccoli  Choice of Fruit / Milk | April 3  Chicken Patty  Sandwich  Or  Turkey Club Wrap  Baked Beans  Baby Carrots  Choice of Fruit / Milk | April 4  General Tso’s Chicken  Roll  Or  Hot Dog  Peas / Rice  Tossed Salad  Choice of Fruit / Milk | April 5  Stuffed Crust Pizza  Or  Buffalo Chicken Wrap  Corn  Red Peppers  W/ Dip  Choice of Fruit / Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | April 8  Baked Spaghetti  Texas Toast  Or  Chicken Sandwich  Tossed Salad  Peas  Choice of Fruit / Milk | April 9  Walking Taco  Or  Meatball Sub  Refried Beans  Grape Tomatoes  Choice of Fruit / Milk | April 10  Chicken Cheesesteak  Or  Soft Shell Tacos  Cheesy Broccoli  Celery W/ Dip  Choice of Fruit / Milk | April 11  Chicken Patty  Or  BBQ Rib Sandwich  Tossed Salad  Corn  Choice of Fruit / Milk | April 12  Pepperoni Pizza  Or  Hamburger  Grape Tomatoes  Cheesy Broccoli  Choice of Fruit / Milk | **Daily Entrée options include:**  **Chef Or Chicken Salad with whole grain roll Or Whole grain P B & J sandwich**  **Fruit, Vegetable & milk are included** |
|  | April 15  Stuffed Shells  W / Roll  Or  Toasted Italian Sub  Tossed Salad  Steamed Carrots  Choice of Fruit / Milk | April 16  Cowboy Burger  Or  Chicken Sandwich  Baked Beans  Celery W/ Dip  Choice of Fruit / Milk | April 17  Pulled Pork Sandwich  Or  Cheesesteak  Peas  Grape Tomatoes  Choice of fruit / Milk | April 18  Macaroni & Cheese  Roll  Or  Ham & Cheese Wrap  Tossed Salad  Baby Carrots  Choice of Fruit / Milk | April 19  No School |  |
|  | April 22  Ham & Cheese  On Flat Bread  Or  Chicken Fajita  Celery W/ Dip  Corn  Choice of Fruit / Milk | April 23  Chicken Noodle Soup  Hamburger  Or  BBQ Rib Sandwich  Baked Beans  Tossed Salad  Choice of Fruit / Milk | April 24  Popcorn Chicken  Roll  Or  Calzone  Sweet Potatoes Fries  Baby Carrots  Choice of Fruit / Milk | April 25  Nacho Grande  Or  Shrimp Poppers w/ Roll  Peas  Tossed Salad  Choice of Fruit / Milk | April 26  Stuffed Crust Pizza  Or  Fish Nuggets  W / Roll  Broccoli  Grape Tomatoes  Choice of Fruit / Milk | Middle/HS Lunch-  $ 2.75  Milk - .50  Reduced - .40 |
| ***No breakfast on two hour delays*** | April 29  Tomato soup  Grilled Cheese Sandwich  Or  Rotisserie Chicken Wrap  Steamed Carrots  Tossed Salad  Choice of Fruit / Milk | April 30  Mashed Potato Bowl  W/ Roll  Or  Cheeseburger  Red Peppers W/ Dip  Broccoli  Choice of Fruit / Milk | May 1  Chicken Patty  Sandwich  Or  Turkey Club Wrap  Baked Beans  Baby Carrots  Choice of Fruit / Milk | May 2  General Tso’s Chicken  Roll  Or  Hot Dog  Peas / Rice  Tossed Salad  Choice of Fruit / Milk | May 3  Stuffed Crust Pizza  Or  Buffalo Chicken Wrap  Corn  Red Peppers  W/ Dip  Choice of Fruit / Milk | ***Menu subject to change*** |