Fannett-Metal School District - Elementary School October 2018

Fannett-Metal is an equal opportunity provider



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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | October 1  Pizza  Or  Turkey & Cheese Hoagie  Corn  Grape Tomatoes  Choice of Fruit / Milk | October 2  Chicken Patty Sandwich  Or  Pizza Burger  Emoji Fries  Green Beans  Choice of Fruit / Milk | October 3  Popcorn Chicken W/ Roll  Or  Chef Salad w/ Roll  Steamed Broccoli  Baby Carrots  Choice of Fruit / Milk | October 4  Roast Turkey W/ Gravy  W/G Roll  Or  Hot Dog  Peas  Mashed Potatoes  Choice of Fruit / Milk | October 5  Cheeseburger  Or  Calzone  Baked Beans  Romaine Salad  Choice of Fruit / Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
| **PLEASE NOTE:**  **STUDENTS ARE NOT ABLE TO HEAT PACKED LUNCHES** | October 8  No School | October 9  Chicken Sticks  W/G Roll  Or  Turkey & Cheese Wrap  Baked Beans  Grape Tomatoes  Choice of Fruit / Milk | October 10  Grilled Ham & Cheese  Or  BBQ Rib Sandwich  Cheesy Broccoli  Tossed Salad  Choice Fruit / Milk | October 11  Spaghetti and Meatballs  Breadstick  Or  Turkey & Cheese Hoagie  Peas  Baby Carrots  Choice of Fruit / Milk | October 12  Cheese Pizza  Or  Meatball Sub  Steamed Carrots  Celery Sticks W/ Dip  Choice of Fruit / Milk |  |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | October 15  Cheeseburger  Or  Soft Shell Taco  Grape Tomatoes  Baked Beans  Choice of Fruit / Milk | October 16  Chicken Alfredo  W/ Roll  Or  BBQ Rib Sandwich  Tossed Salad  Steamed Carrots  Choice of Fruit / Milk | October 17  Chicken Nuggets w/ Roll  Or  Cheese Steak  Corn  Scallop Potatoes  Choice of Fruit / Milk | October 18  Macaroni & Cheese  Breadstick  Or  Fish Nuggets W/ Roll  Peas  Baby Carrots  Choice of Fruit / Milk | October 19  Cheese Pizza  Or  Grilled Chicken & Cheese Wrap  Steamed Broccoli  Celery Sticks W/ Dip  Choice of Fruit / Milk | Pre-K Alternative  Oct. 4th - Chicken Nuggets w/ Roll  Nov. 1st – Chicken Sticks W/ Roll |
| **Krabby Patty**  **Ingredients include ground beef and old bay seasoning** | October 22  Tomato soup  Grilled Cheese Sandwich  Or  Krabby Patty  Peas  Celery W/ Dip  Choice of Fruit / Milk | October 23  Walking Taco  Or  Ham & Cheese  On a Pretzel Bun  Cheesy Broccoli  Baby Carrots  Choice of Fruit / Milk | October 24  Mashed Potato Bowl  W/ Roll  Or  Calzone  Steamed Carrots  Grape Tomatoes  Choice of Fruit / Milk | October 25  Shrimp Poppers w/ Roll  Or  Hamburger  Tossed Salad  Baked Beans  Choice of Fruit / Milk | October 26  Pepperoni Pizza  Or  Fish Sandwich  Corn  Grape Tomatoes  Choice of Fruit / Milk | Elementary-  $ 2.60  Milk - .50  Reduced - .40 |
|  | October 29  Nacho Grande  Or  Ham & Cheese  Pretzel Roll  Corn  Grape Tomatoes  Choice of Fruit / Milk | October 30  Stuffed Shells  W/ Roll  Or  Chicken Patty Sandwich  Tossed Salad  Steamed Carrots  Choice of Fruit / Milk | October 31  Popcorn Chicken W/ Roll  Or  Chef Salad W/ Roll  Steamed Broccoli  Baby Carrots  Choice of Fruit / Milk | November 1  Chicken & Waffles  W/ Gravy  Or  Fish Nuggets W/ Roll  Red Peppers W/ Dip  Peas  Choice of Fruit / Milk | November 2  Cheeseburger  Or  Calzone  Baked Beans  Celery W/ Dip  Choice of Fruit / Milk | ***Menu subject to change*** |