Fannett-Metal School District – Middle – High School April 2018

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Fannett-Metal is an equal opportunity provider

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | April 2  No School | April 3  Sausage, Egg and Cheese Biscuit  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 4  Scrambled Eggs & Bacon  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 5  Breakfast Pizza  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 6  Egg, Ham & Cheese  Pretzel Roll  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | April 9  French Toast Sticks  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 10  Sausage, Egg and Cheese Biscuit  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 11  Scrambled Eggs & Bacon  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 12  Breakfast Pizza  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 13  Egg, Ham & Cheese  Pretzel Roll  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | **Menu subject to change** |
|  | April 16  French Toast Sticks  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 17  Sausage, Egg and Cheese Biscuit  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 18  Scrambled Eggs &  Bacon  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 19  Breakfast Pizza  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 20  Egg, Ham & Cheese  Pretzel Roll  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice |  |
|  | April 23  French Toast Sticks  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 24  Sausage, Egg and Cheese Biscuit  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 25  Scrambled Eggs &  Bacon  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 26  Breakfast Pizza  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | April 27  Egg, Ham & Cheese  Pretzel Roll  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | High School Breakfast  $ 1.50  Milk - .50  Reduced - .40 |
| **No breakfast on two hour delays** | April 30  French Toast Sticks  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | May 1  Sausage, Egg and Cheese Biscuit  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | May 2  Scrambled Eggs &  Bacon  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | May 3  Breakfast Pizza  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice | May 4  Egg, Ham & Cheese  Pretzel Roll  Or  Cereal  Whole Grain Bread  Fruit / Vegetable  Milk / Juice |  |