Fannett-Metal School District - High School / Middle School February 2018

Fannett-Metal is an equal opportunity provider



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| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | February 1  Spaghetti & Meatballs  Breadstick  Or  Cheese Pizza  Romaine Salad  Broccoli  Choice of Fruit / Milk | February 2  Shrimp Poppers  Roll  Or  Meatball Sub  Peas  Baby Carrots  Choice of Fruit / Milk | Offer verses serve -  Students must take  **3 of 5** items to count as a lunch & one must be a fruit or vegetable. |
|  | February 5  Mashed Potato Bowl  W/G Roll  Or  Hamburger  Steamed Carrots  Celery  Choice of Fruit / Milk | February 6  Spicy Chicken Patty  Or  Turkey & Cheese Hoagie  Baked Beans  Grape Tomatoes  Choice of Fruit / Milk | February 7  Stuffed Shells w/ Roll  Or  Cheeseburger Sub  Baby Carrots  Romaine Salad  Choice of Fruit / Milk | February 8  Roast Turkey  W/ Gravy  Or  Fish Sandwich  Mashed Potatoes  Corn / Stuffing  Choice of Fruit / Milk | February 9  Chicken Patty Sliders  Or  Stromboli  Broccoli w/ Cheese  Spinach Salad  Choice of Fruit / Milk | **Daily Entrée options include:**  **Chef Salad with whole grain roll Or Whole grain P B & J sandwich**  **Fruit, Vegetable & milk are included** |
| **All Meals are**  served with 1% milk, fat free chocolate, fat free vanilla, fat free strawberry and skim | February 12  Hot Roast Beef  Sandwich w/ gravy  Or  Calzone  Scalloped Potatoes  Grape Tomatoes  Choice of Fruit / Milk | February 13  General Tso’s Chicken  W/G roll  Or  Hot Dog  Broccoli  Rice / Fortune Cookie  Choice of Fruit / Milk | February 14  Cheesesteak  Or  Pulled Pork Sandwich  Baked Beans  Baby Carrots  Choice of Fruit / Milk | February 15  Pork & Sauerkraut  Breadstick  Or  Turkey & Cheese  Pretzel Bun  Mashed Potato/ Tomato  Choice of Fruit / Milk | February 16  No School |  |
|  | February 19  NO SCHOOL | February 20  Popcorn Chicken  w/ Roll  Or  Tacos  Steamed Carrots  Romaine Salad  Choice of Fruit / Milk | February 21  Mini Meatloaf  w/ gravy  Or  Turkey & Cheese Wrap  Broccoli  Mashed Potatoes  Choice of Fruit / Milk | February 22  Tomato Soup  Grilled Cheese Sandwich  Or  Rib B Q Sandwich  Romaine Salad  Peas  Choice of Fruit / Milk | February 23  Pepperoni Pizza  Or  Sloppy Joe Sandwich  Sweet Potato Wedges  Navy Beans  Choice of Fruit / Milk | Middle/HS Lunch-  $ 2.70  Milk - .50  Reduced - .40 |
| ***No breakfast on two hour delays*** | February 26  Lasagna  Breadstick  Or  Hamburger  Romaine salad  Peas  Choice of Fruit / Milk | February 27  Walking Taco  Or  Fish Nuggets  w/ Roll  Refried Beans  Baby Carrots  Choice of Fruit / Milk | February 28  Chicken Noodle Soup  Cheeseburger  Or  Ham & Cheese Panini  Steamed Carrots  Tatar Tots  Choice of Fruit / Milk | March 1  Spaghetti & Meatballs  Breadstick  Or  Stromboli  Grape Tomatoes  Green Beans  Choice of Fruit / Milk | March 2  Nacho Grande  Or  Meatball Sub  Celery  Broccoli w/ Cheese  Choice of Fruit / milk | ***Menu subject to change*** |